

### JOG NOT JOB

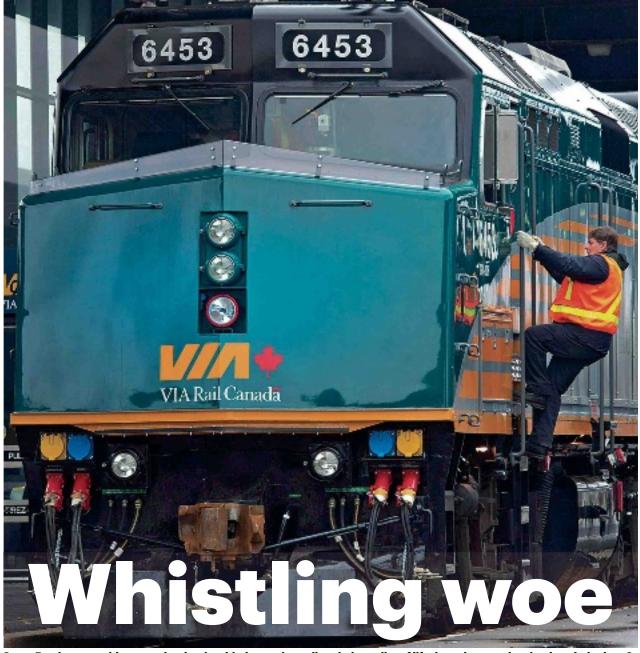
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# Ottawa **MORE SEX** =

Your essential daily news | TUESDAY, MAY 12, 2015

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#### Some Barrhaven residents say loud train whistles are impeding their quality of life, but what can the city do to help them? Story, metroNEWS. ADRIAN WYLD/THE CANADIAN PRESS

# Looking for 'wow'

DEVELOPMENT

Condo proposal lacks 'landmark' characteristics, board rules



Ritchie Metro | Ottawa

ment proposed for Wellington Street and Island Park Drive, but it may get a second chance. The board ruled Monday that the building doesn't qualify for an exception to Ottawa's maximum height of nine storeys. The two solutions offered are: reduce the condo to nine floors

versial 12-storey condo develop-

The Ontario Municipal Board has rejected a contro-

or submit a revised plan for a real "landmark" building. What are the criteria for a landmark? Well, according to the decision, it needs to be better than "well-designed," but it doesn't need to be "extraordinary." What it does need is to be

element of wow." Those descriptions have Kitchissippi Coun. Jeff Leiper scratching his head.

'very distinctive" and have "an

"We're in dangerous territory. The board has opened the door to greater height if the building can be redesigned as a landmark," said Leiper. "There's a lot of words there that can be very subjective."



The proposed condo for **Wellington Street and Island** Park Drive. CONTRIBUTED

Leiper said he wants to see the height limit respected, unless there's a development that has a "high degree of consensus."

The developer, Mizrahi Developments, told the board that building the condo and decontaminating the surrounding soil wouldn't be affordable without the extra height.

"The irony is that all parties and almost all participants want redevelopment to proceed," the board noted in its decision. "The controversy was specifically about the top of this building the number of storeys and the shape of the roofline."

The company did not respond to request for comment, and it's not yet known whether Mizrahi will decide to go with nine storeys or to submit another proposal. If they go the second route, both the developer and the city have six months to figure out what "landmark" means.





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> Thank you for truly making a difference in the lives of children with cancer. With this being the first edition of the run, we really couldn't have done it without all of you!

> > We look forward to seeing you again in 2016!







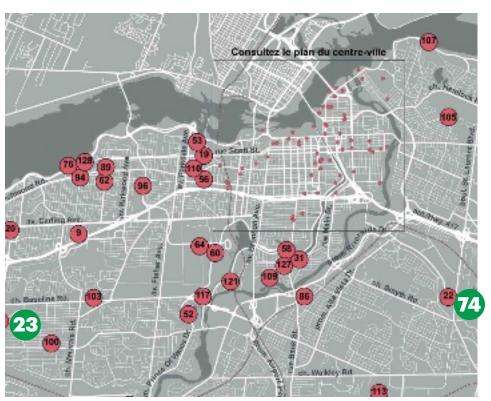






Your essential daily news

Google's driverless cars have been in 11 accidents. **Business** 





## What's behind those doors?

If you're curious about what lies behind the doors of the Ottawa firefighters' training station, the Embassy of the Czech Republic or a blood processing plant, then join in for Doors Open Ottawa on June 5 and 6. There are 22 new stops. Here's a sample. LUCY SCHOLEY/METRO

## AIDS COMMITTEE OF OTTAWA

Saturday and Sunday 10 a.m. to 4 p.m. Ottawa's 30-year-old AIDS support group moved into a new building earlier this year, complete with a big living room and kitchen for hangouts



#### CENTRAL **EXPERIMENTAL FARM**

960 Carling Ave. Saturday and Sunday 10 a.m. to 4 p.m. Plant lovers and burgeoning botanists will delight in the Saunders greenhouse and outdoor exhibits.



### OTTAWA FIRE SERVICES TRAINING CENTRE

898 Industrial Ave.

Saturday and Sunday 10 a.m. to 4 p.m. The city's firefighters train with a "Gas Fire Simulator" and a "Live Fire Burn House." Explore it here.



110 Laurier Ave. West Saturday and Sunday 10 a.m. to 4 p.m. Brush up on your history of Ottawa's athletes at city hall.





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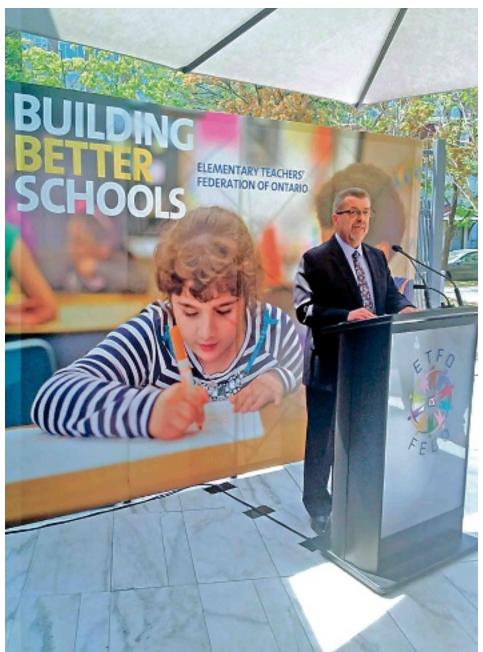
Centre for Research and SPROTT Education on Women and Work



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NEWS

# Elementary teachers return to table briefly as job action begins



Sam Hammond, president of the Elementary Teachers' Federation of Ontario, announced job action by 76,000 Ontario teachers outside union headquarters in downtown Toronto on Friday. Teachers began work-to-rule action Monday. TORSTAR NEWS SERVICE

#### LABOUR

# Work-to-rule kicks off across the province

Ontario elementary teachers began their work-to-rule on Monday, as their union briefly returned to the bargaining table.

Sam Hammond, president of the Elementary Teachers' Federation of Ontario, said in a written release issued midday Monday that "it was our expectation that the government and the Ontario Public School Boards Association (OPSBA) would remove concessions from the table. That did not happen, and the meeting ended at 11 a.m."

Michael Barrett, president of OPSBA, said talks resumed around 10 a.m. The association had put out a press release Friday urging the teachers' union to head back to contract talks.

"We're not going to solve anything through brinksmanship bargaining," he said, adding a conciliator had made calls over the weekend to get the two sides together.

The work-to-rule by the elementary teachers, which means they won't take part in standardized testing or prepare report cards, continues, Hammond said.

"In order for real progress to be made at the central table, OPSBA and the Lib-



Parents picking up children at Elgin Street Public School said that while they were relieved there was no walkout, they're not particularly worried about the partial strike.

"I really support the teachers, so my bigger concern is that the province does what they need to do to make sure school quality is good," said Phyllis Rippeyoung.

"Even if they go on strike, I support it. If kids miss a week of school, that's way less important than broad education issues."

Elgin Street parent Tina, who declined to give her last name, said that as a former teacher she knows the relief that there will be no walkout is school-wide.

"I'm at home with my twoyear-old, so it wouldn't have affected me too much," she said

"But that's not what any parent wants, to have their kid out of school whatever their age."

HALEY RITCHIE/METRO

eral government need to reconsider their concessionbased approach to central bargaining."

This round of bargaining is two-tiered, with the provincial school boards' associations, unions and the Ministry of Education trying to settle the big-money issues like class size, salary and sick leave, with individual school boards and union districts negotiating local items.

Earlier Monday, Premier Kathleen Wynne had told the legislature she was "encouraged" that the Elementary Teachers' Federation of Ontario (ETFO) had not called a full-out strike.

"I'm pleased to see that ETFO has returned to the central table ... because the only way to get the deal is to be negotiating, and ... we do believe in the collective bargaining process," Wynne said.

Hammond has said the union won't accept changes proposed by the government and school boards regarding class size and control of prep time.

Calling their current offer offensive, Hammond has accused the government and school boards of wanting to "micromanage" teachers' prep time, as well as take away their ability to choose which diagnostic tests are given to kids — something imposed during the last contract that school boards argue is not good for students because of the inconsistency from year to year.

He has also said while pay is not a key issue, he will be seeking a raise as "members live in society and they have to deal with cost-of-living increases, hydro increases, all that kind of stuff."

TORSTAR NEWS SERVICE



# 3

In order for real progress to be made at the central table, (school boards) and the Liberal government need to reconsider their concession-based approach to central bargaining.

Sam Hammond, president of the Elementary Teachers' Federation of Ontario

MUSIC

## Here comes the sun: Westfest to operate on solar power

Alternative music will meet alternative energy at this year's Westfest. Organizers announced Monday that the all-Canadian music festival will be entirely solar powered.

"In the past there hasn't really been the technology to run stages for an extended period of time," said Julie Ribi, the festival's media co-ordinator

This year, each stage will

be powered by Ottawa-based Solar on Site. The company's mobile solar-collecting trailers can be rented out for festivals, weddings and even disaster relief.

Ribi said festival organizers believe they are the first music festival in Canada to be fully powered by renewable energy.

"There is quite a bit of energy needs for the festival," said Jordan West, one of the partners with Solar on Site.

He said the festival was specifically designed to work with solar — and that doesn't include switching to acoustic on rainy days.

"We're able to put out a full day's output just with our stored power," said West, adding that while they do have a diesel reserve for peace of mind, they've never had to use it. HALEY RITCHIE/METRO



This year, Westfest — which turns a stretch of Richmond Road into a two-day, all-Canadian music festival — turns 11 years old. This year's headliners include:

• **Sarah Harmer**, a rockfolk singer-songwriter originally from Burling-

ton. Harmer has released five records, is regularly played on CBC Radio 2 and has been nominated for multiple Junos.

 Lynn Miles, winner of multiple awards including a Juno and three Canadian Folk Music Awards. Miles was born outside Montreal but grew up in Ottawa.

 Craig Cardiff, a folk-roots singer-songwriter who is originally from Waterloo but now lives in Arnprior. He has been nominated for both a Juno and a Canadian Folk Music Award. metr

NEWS Ottawa

Tuesday, May 12, 2015

HOMES

# Barrhaven growing quickly

Hundreds of homes, a new school and a park are on the planning books in a fast-developing area of southern Barrhaven.

Developer Minto Communities Inc. is proposing a 477unit subdivision over 24 hectares of land off Greenbank Road.

The project will be before a planning committee on Tuesday because it requires a zoning change from its current "sand and gravel resource area."

Here's the breakdown of homes: 219 lots will be for single detached homes, plus 190 street townhouses and another 68 back-to-back townhouses. All are considered low-rise and geared for a mix of families.

An elementary school and neighbourhood park are part of the plan.

The development neighbours Mattamy's Half Moon Bay South, which is in construction, and the Monarch's Stonebridge Community.

Barrhaven Coun. Jan Harder has previously said the ward is the fastest-growing community in the city. According to the 2006 Statistics Canada census, the suburb was home to more than 36,800 residents. By 2011, that number grew to almost 46,500.

There are five high schools in Barrhaven alone and the Longfields-Davidson Heights Secondary School is undergoing a \$12-million expansion to accommodate all 2,100 students. It's due to open in September.

If the planning committee approves Minto's plan, it must then be sent to council for the final say.

LUCY SCHOLEY/METRO

46,500

The number of people living in Barrhaven as of 2011. That's up 9,700 from 2006, when Statistics Canada pegged the local population at 36,800.

477

The number of units developer Minto Communities Inc. is pitching as part of a subdivision plan that would span 24 hectares of land off Greenbank Road.

# Train whistles too loud for Barrhaven residents

RAILS

About 14 trains pass through area daily: Report



Lucy Scholey Metro | Ottawa

Barrhaven residents are sounding off about loud train whistles passing over a temporary Greenbank Road crossing, but there's not much the City of Ottawa can do to silence the noise.

According to a city report that will be before council on Wednesday, an average of 14 trains pass over the Greenbank Road crossing from as early as 6 a.m. to as late as 11 p.m. However, several residents have said they have heard the whistles blowing outside those hours.

"It's very loud, it's very often and it's taking away from the quality of life. You can hear it all over Barrhaven," said area Coun. Jan Harder, who has asked city staff to look into noise mitigation for Barrhaven residents.

But if the City of Ottawa was to try and stop the whistles

3

It's very loud, it's very often and it's taking away from the quality of life. You can hear it all over Barrhaven. Coun. Jan Harder

blowing, it would take safety assessments and convincing Via Rail to get on board with the idea. This could take anywhere from four months to four years, according to the report.

It would be similar to what the former City of Nepean did in 1985. Back then, the city passed a bylaw prohibiting train whistles at the Greenbank Road crossing, among others in the area. Via Rail objected to this rule, citing safety concerns. But, almost two years later, the Canadian Transport Commission (now known as the Canadian Transportation Agency) finally ruled that trains must be quiet over these crossings.

Yet following the tragic bustrain collision in Fallowfield on Sept. 18, 2013, which killed six and injured dozens more, Ottawa decided to widen Greenbank Road and build a gradeseparated rail crossing that's due to be completed in 2017.

The Greenbank Road crossing has been rerouted in the meantime, which nulls that 1987 whistle-blowing bylaw. As per the federal Canadian Rail Operating Rules, trains must sound off as they approach grade crossings.

Meanwhile, Barrhaven residents may have to cope with the noise for another two years until construction finishes at Greenbank Road, as trains are not required to sound off when passing grade-separated crossings.



POLITICS ONTARIO AND QUEBEC ARE 'NATURAL ALLIES': COUILLARD Quebec Premier Philippe Couillard, right, speaks in the Chamber at Queen's Park in Toronto on Monday. Couillard appealed for national unity in a historic speech to the provincial legislature, and touted Canada's two largest provinces as leaders of the country's future economic development. "We are natural allies," said Couillard. "Central Canada is an economic force. It is a political force, and it is a force to be reckoned with for ensuring national prosperity." The last premier from outside the province to address the Ontario legislature was Quebec's Jean Lesage in 1964. THE CANADIAN PRESS

COURT

# Soldier imposter's sentencing delayed



**Lofaro** Metro | Ottawa

A west Quebec man who pleaded guilty to impersonating a Canadian soldier during a Remembrance Day ceremony last year will have to wait until summer to begin his sentencing hearing.

Franck Gervais made national headlines last November when he appeared on live television posing as a decorated war veteran and spoke to a CBC News reporter about Remembrance Day. Among the medals on his ceremonial dress medals for bravery, special service and peacekeeping.

In March, the Cantley, Que. man pleaded guilty to unlawful use of military uniform and unlawful use of military decoration. His other two charges of impersonating a public officer are expected to be withdrawn at his sentencing hearing, according to Crown prosecutor Mark Moors.

IN BRIEF

Ottawa police are hiring

The Ottawa Police Service is looking to bolster its ranks. The force is in recruiting mode and says it wants to "reflect the diversity of our community." An information session will be held on Wednesday from 6 p.m. to 9 p.m. at Ben Franklin Place on Centre pointe Drive. Attendees will learn more about career opportunities in policing and have a chance to meet members of the Ottawa Police Service recruitment team. METRO

CRIME

# Man charged in string of car break-ins

Ottawa police are reminding drivers not to leave valuables in their vehicles after a man was charged for breaking into more than a dozen vehicles in Little Italy.

Police were called to the intersection of Aberdeen and Preston Sts. on Sunday to investigate a complaint of a man breaking into several vehicles.

After police located the suspect and arrested him, investigators discovered he had broken into "numerous" other vehicles from May 1 to 10 in the area

around Preston and Rochester Sts. Police charged John McGee, 52, with 16 counts of mischief, 14 counts of theft under \$5,000, two counts of attempted theft, and one count each of possession of break-in instruments and possession of stolen property.

Police are urging people to call 9-1-1 if they notice someone acting suspiciously next to a car—either by looking into parked cars, checking if car doors are locked, or trying to open a door.

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# Sex trade raids hurt police trust: Group

**HUMAN TRAFFICKING** 

#### Advocate says deportation threat increases victimization



Joe Lofaro Metro | Ottawa

A police raid on massage parlours and body rub facilities last week that resulted in deportation orders for 11 women sends a "chilling message" to sex workers, says an Ottawa-based sex workers' rights group.

Last Friday, Ottawa police announced they participated in a human trafficking investigation with the Canadian Border Services Agency (CBSA) and Ottawa Bylaw Services that targeted 20 commercial businesses.

Officials carried out the sting operation from April 27 to 29 and laid 11 bylaw charges for improper licensing.

The 11 women were found to be working without a permit — a violation of the Immigration and Refugee Protection Act — and were ordered to return to their country of origin. No criminal charges were laid.

Frédérique Chabot, spokeswoman for the group POWER, which advocates for sex worker rights in Ottawa-Gatineau, said such raids further victimize sex workers because it instills a sense of fear rather than trust between them and the police.

"There should not have been raids," she said. "If at this point sex workers and migrants and possible trafficking victims are afraid of police ... they will continue to not rely on police, and predators know that."

Ottawa police did not identify

the 11 women who are being deported as sex workers and the investigators on the file were not available for interviews Monday, according to spokesman Const. Marc Soucy.

Violence against women has been identified by police chief Charles Bordeleau as a top priority

"Definitely this strategy goes against that," Chabot said.

In a news release on Friday, police said the CBSA investigation continues and more charges could be laid.

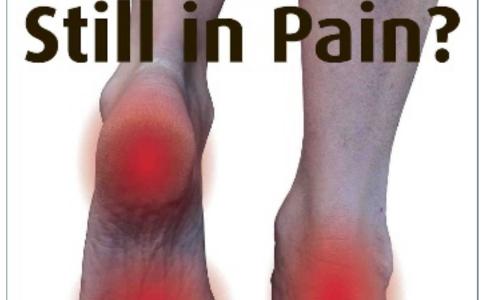
"The Ottawa Police Human Trafficking Unit has opened a number of investigations, as a result of this initiative," police noted in the release. "Our goal continues to be the detection of possible cases of exploitation."

If at this point sex workers and migrants and possible trafficking victims are afraid of police ... they will continue to not rely on police, and predators know that.

Frédérique Chabot, spokeswoman for POWER



A Toronto sex worker is seen in this file photo. TORSTAR NEWS SERVICE



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#### LGBTQ

# Capital Pride unveils new logo, date for 30th anniversary event

Organizers announced new details Monday about the 30th anniversary edition of Ottawa's Capital Pride celebrations, including the unveiling of a new festival logo.

The annual Capital Pride parade will take place Aug. 23 at 1 p.m., according to a news release from the Bank Street Business Improvement Area (BIA).

The BIA and members of the LGBTQ community are bringing the festival back after the previous pride group declared bankruptcy last December.

According to a creditor's report, the former Capital Pride organization owes \$130,000 to its creditors. The report also claims the City of Ottawa is owed \$7,717.

"Working with our Community Partners, the festival's new leadership and volunteers are committed to bringing this city a community-led festival which honours its past, while looking towards an even more united and inclusive future," Tammy Dopson, co-chair of Capital Pride's community advisory committee, said in a news release.

The group also unveiled what it calls a "super rainbow" flag composed of 30 colours as



Revellers celebrate the end of the Capital Pride Week in Ottawa with a parade that marched through downtown Sunday.

TREVOR GREENWAY/METRO FILE

the festival's new logo.

Glenn Crawford, the logo's designer, said in the release the logo "reflects the inclusiveness of Ottawa's LGBTTQ (lesbian, gay, bisexual, transgender, two-spirit, queer) community."

The news release said the group plans to bring back some

pride traditions for the milestone event this year, including a flag raising ceremony and a family picnic.

Dopson said more information about the times and dates for these events will be released in the coming months.

JOE LOFARO/METRO

metr

NEWS | Canada Tuesday, May 12, 2015

### A history of trouble at press gallery dinners

what happens

before, during

dinners have

become legion.

Alcohol, politics, risque jokes and sometimes even real news — it's all been on the menu for the parliamentary press gallery dinner since at least the 1870s.

Green Party Leader Elizabeth May finds herself in interesting company as one of the revellers over the years whose remarks have grabbed headlines.

May apologized for her remarks at Saturday night's closed with her saying that convicted terrorist Omar Khadr had "more class than the whole f-ing cabinet."

A stunned Peter Dempson, former crowd watched as Toronto Telegram reporter the full gallery. a shoeless Transport Minister Lisa Raitt coaxed

May offstage.

But as far as major news goes, May pales in comparison to other incidents in the gallery annals. A few events at gallery dinners marked watersheds in Canadian politics.

The origins of the dinner date back to the early 1870s.

A Toronto Evening Star story recounts how in the 1880s the former mayor of Ottawa Charles Mackintosh, once the gallery president, showed up in full regalia, including a ceremonial

"The dinner committee held a hurried consultation and decided that the ball and chain was too reminiscent of slavedriving," reads the article. "So Mr. Mackintosh was gently but firmly escorted outside."

Charles Lynch, the late political columnist, recalled in

his autobiography the dinner of 1948, when dinner, which The stories about then-prime minister William Lyon Mackenzie King made a startling and after gallery announcement in the presence of then-governor general Viscount Alexander and

> "Willie rose to his feet — and announced his retirement, to the great consternation of his listeners, all

> of whom were deeply into the sauce and unprepared for a news development of these proportions," Lynch wrote.

> Prime Minister Pierre Trudeau attended the dinners with little joy and began snubbing them in 1981. In 1984, he claimed in the Commons to have been misquoted in a story and said, "It's another reason I don't want to go to the God damn press gallery dinner." THE CANADIAN PRESS



**Transport Minister Lisa Raitt, prompts Green Party Leader** Elizabeth May to leave the stage at the Parliamentary National Press Gallery on Saturday. FRED CHARTRAND/THE CANADIAN PRESS

#### IN BRIEF

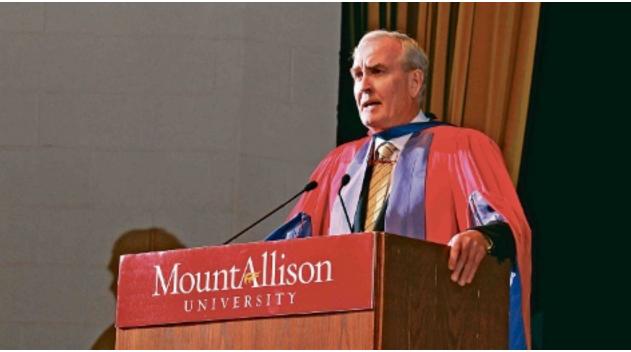
#### Police posing as journalists breaches charter rights, media groups say

Police officers who pose as journalists for investigative purposes are violating the Constitution by having a chilling effect on freedom of the press, an Ontario court heard Monday. In their application to Superior Court, three media organizations argue the practice could put working journalists at risk. It can also make it harder to win the trust of sources and get key information that is in the public interest, they say. THE CANADIAN PRESS

#### 'Main mass' of tumour is out of Rob Ford's abdomen

Doctors have removed the "main mass" of a cancerous tumour from Rob Ford's abdomen, a spokesman for the former Toronto mayor said Monday. "Things are going well, and the councillor has remained stable the entire time while under anesthesia," Dan Jacobs said in an email.

Before the surgery, Ford said that his biggest fear was not waking up. "I just want to wake up. That's all I want to do is wake up," he told local television station CP24. THE CANADIAN PRESS



Honorary degree recipient Kevin Vickers addresses convocation at Mount Allison University on Monday. TORSTAR NEWS SERVICE

# 'I bumped up against a moment in history'

PARLIAMENT SHOOTING

#### Vickers recalls anguish he felt after killing Zehaf Bibeau

Just days after the attack on Parliament Hill, former sergeant-atarms Kevin Vickers remembered the gunman not for his evil but for his innate human dignity.

"With my grandchildren in my arms, I said a prayer for Michael," he told the crowd of graduating students at Mount Allison University on Monday after receiving an honorary degree.

national hero after shooting and killing the gunman, Michael Zehaf Bibeau, but he told the students of the anguish he felt over taking a life. Vickers, who is now the ambassador to Ireland, recounted how he came face-toface with Zehaf Bibeau after the gunman had shot and killed Cpl. Nathan Cirillo and rampaged through the halls of Parliament.

He said Zehaf Bibeau's gun was so close to him, he thought he could just snatch it out of his hand — but Zehaf Bibeau fired. Vickers, who had served in the RCMP for almost 30 years, reacted instinctively, diving to the floor and firing his own handgun, kill-

#### That day was a blur to me.... It was the **loneliest moment** of my life.

Former sergeant-at-arms Kevin Vickers talks about the shooting on the Hill

ing Zehaf Bibeau.

"I bumped up against a moment in history," he said.

But Vickers said that getting to that moment took more than half a century. Growing up in what is now Miramichi, New Brunswick, Vickers felt called to the RCMP when he was in Grade 2.

bers of the RCMP coming out of the courthouse with their red surge. And I knew exactly what I was going to do with my life," he said. On the force, Vickers helped obtain 17 murder confessions. He attributed his success to his father, who taught him to respect all people, no matter their sins.

Although Vickers said he had only ever imagined himself as a police officer, he joined the security force at the House of Commons in 2005 after he saw the role the Hill played in the lives of not just parliamentarians, but everyday Canadians. TORSTAR NEWS SERVICE

## Fahmy launches lawsuit against Al Jazeera

A Canadian journalist on trial for widely denounced terror charges in Egypt is suing his employer, Al Jazeera Media Network, alleging the Qatar-based broadcaster's actions significantly contributed to his legal woes.

Mohamed Fahmy said Monday he's seeking \$100 million in damages.

Fahmy, who was the acting bureau chief of the Al Jazeera English channel in Cairo when he was arrested in December 2013, accused the media network of negligent conduct, negligent misrepresentation and breach of contract.

"They don't seem to understand that they cannot continue



**Mohamed Fahmy** 

to challenge the sovereignty of governments, put the story ahead of the safety of their employees and assume that they will continue to get away with it," Fahmy said.

Al Jazeera is owned by the Qatari government — a fact emphasized in Fahmy's lawsuit.

Egypt and Qatar have had tense relations since 2013, when the Egyptian military ousted former Egyptian president Mohamed Morsi. Qatar is a strong backer of Morsi's Islamist Muslim Brotherhood group.

Fahmy's statement of claim, filed in a British Columbia court, alleges Al Jazeera used its Egyptfocused Arabic channel, known as Al Jazeera Mubashr Misr, as "a thinly veiled mouthpiece" to promote propaganda of the Muslim Brotherhood.

The document also notes that various Al Jazeera staff were arrested in Cairo for working without proper accreditation months before Fahmy's troubles began, and that its Arabic channel had been banned in Egypt.

"Given the Egyptian political and legal situation and the fact that four AJE journalists and an administrative assistant had been arrested and detained in the summer of 2013, the network knew or ought to have known that the arrest and imprisonment of Fahmy and other AJE Cairo Bureau staff was a foreseeable consequence of the network's antagonistic and unlawful practices," said the statement of claim said, which contains allegations that have not been proven in court.

But Al Jazeera said Fahmy should be targeting his captors, not his employer.

THE CANADIAN PRESS

Tuesday, May 12, 2015 World | **metr** news

### Zimmerman involved in shooting incident

The man who called 911 to report he was involved in a shooting with George Zimmerman appears to be the same person involved in a road rage incident with the former neighbourhood watch volunteer last year.

Lake Mary Police Officer Bianca Gillett said during a news conference Monday that Matthew Apperson called 911 to report the shooting. She said Zimmerman, who was acquitted in the killing of Trayvon Martin, was not the shooter.

A bullet missed Zimmerman's head, but he wasn't seriously hurt, his attorney said.



**George Zimmerman** THE ASSOCIATED PRESS FILE

Last September, Apperson said Zimmerman threatened to kill him, asking, "Do you know who I am?" during a confrontation in their vehicles. Apperson decided not to pursue charges. THE ASSOCIATED PRESS

#### **BIN LADEN CAPTURE**

## Journalist's report álleges U.S. coverup

A controversial report suggests many of details of the death of al-Qaida leader Osama bin Laden were actually fabricated by the U.S. government. It's written by a legendary journalist who exposed atrocities during the Vietnam War and revealed prisoner abuse after the 2003 invasion of Iraq.

But this time Seymour Hersh got it wrong, his critics say.

"I can tell you that the Obama White House is not the only one to observe that the story is riddled with inaccuracies and outright falsehoods," said White House spokesman Josh Earnest.

The 10,000-word piece wasn't published in The New Yorker, the best-known venue for Hersh's exposes, but appeared over the weekend on the website for the London Review of Books.

According to the piece, The Killing of Osama bin Laden, the real story involves a deal between the U.S. and Pakistan to quietly kill bin Laden and then claim a few days later that he'd died in a drone strike in Afghanistan.

But the deal fell apart, it said, when one of the helicopters crashed during the mission. Hersh said the Obama administration, much to the horror

**Rebels claim Moroccan** 

of the Pakistani government, improvised an explanation of

include: The courier whose movements led the CIA to the terrorist's compound. The vaccination doctor who collected bin Laden's DNA to help confirm the identity of the body. The clandestine flight into Pakistan. The burial of bin Laden's body at sea. The firefight at the compound. The Pakistani anger at the violation of its airspace.

a retired U.S. intelligence official he described as being "knowledgeable about the initial intelligence."

The truth, according to Hersh, was that bin Laden had been a Pakistani prisoner since 2006. The terrorist leader was sickly and barely mobile. Word of his location leaked to the U.S. from Pakistani informants, and once caught, Pakistan grudgingly participated in the raid. The operation was more like an execution, not a firefight. He said the compound was unprotected and did not contain valuable counterterrorism evidence as claimed by the U.S. THE ASSOCIATED PRESS

what happened on May 2, 2011. Those allegedly false details

SOUTHEAST ASIA 6,000 Bangladeshi, Rohingya still Hersh had as his main source stranded at sea

> Hundreds of migrants abandoned at sea by smugglers in Southeast Asia have reached land and relative safety in the past two days, but an estimated 6,000 Bangladeshis and Rohingya Muslims from Myanmar remain trapped in crowded, wooden boats, migrant officials and activists said Monday. With food and clean water running low, some could be in grave

Worried that vessels will start

washing to shore with dead bodies, the UN High Commissioner for Refugees, the United States and several other foreign governments and international organizations held emergency meetings in recent days, but participants say there are no immediate plans to search for vessels in the busy Malacca Strait waterways.

One of the problems was determining what to do with the Rohingya if a rescue was launched, participants said on condition they not be named.

Seven boats were rescued Sunday after human traffickers abandoned the ships and left passengers to fend for themselves, officials said. Nearly 600 migrants were brought to shore in western Indonesia and just

over a thousand others to Malaysia's Langkawi island.

The Rohingya, who are Muslim, have for decades suffered from state-sanctioned discrimination in Buddhist-majority Myanmar, which considers them illegal settlers from Bangladesh even though many of their families arrived generations ago.

Attacks on members of the religious minority, numbering at around 1.3 million, have in the last three years left up to 280 people dead and forced 140,000 others from their homes. They now live under apartheid-like conditions in crowded camps just outside the Rakhine state capital, Sittwe, where they have little access to school or adequate health care.

The conditions at home -

and lack of job opportunities have sparked one of the biggest exoduses of boat people since the Vietnam War.

Rohingya packing into ships in the Bay of Bengal have been joined in growing numbers by Bangladeshis fleeing poverty and hoping to find a better life elsewhere.

THE ASSOCIATED PRESS



#### TWO MONTHS

Chris Lewa, director of the non-profit Arakan Project, believes some of the still unaccounted for Rohingya and Bangladeshis have been at sea for over two

#### IN BRIEF Hollande calls for end to embargo on Cuba

fighter jet downed in Yemen Shiite rebels in Yemen claimed Monday to have shot down a Moroccan fighter jet taking part in a Saudi-led

coalition targeting them and their allies, a day before a five-day humanitarian ceasefire was set to begin and as coalition airstrikes intensified in the capital, Sanaa. Morocco's military, however, would only say that the jet had gone missing early Sunday evening. THE ASSOCIATED PRESS

Dzhokhar Tsarnaev's lawyers rested their case Monday in their bid to save the 21-year-old from execution after death penalty opponent Sister Helen Prejean testified that Tsarnaev expressed genuine sorrow about the victims of the Boston Marathon bombing.

**Boston bombing case wraps** 

"No one deserves to suffer like they did," Prejean quoted Tsarnaev as saying. THE ASSOCIATED PRESS

lande on Monday called for the end of the U.S. trade embargo on Cuba, saying France "will be a faithful ally" as Cuba reforms its centrally planned

economy and tries to re-enter

the global economic system. Hollande's one-day trip made him the first French president to visit Cuba since it became an independent country. Along with a large contingent of French executives, he is focused on strengthening

business and diplomatic relations five months after the declaration of detente between Havana and Washington.

Hollande visited former president Fidel Castro on Monday, Ecology Minister Segolene Royal told reporters.

Top diplomats from Japan, the European Union, Italy, the Netherlands and Russia have visited the island in recent months in bids to stake out or maintain ties with an island that suddenly looks like a brighter economic prospect amid warming U.S.-Cuba relations.

Almost all have been accompanied by businesspeople interested in Cuba's push to draw more than \$8 billion in new foreign investment as part of a broader, gradual economic liberalization.

Speaking at the University of Havana, Hollande said "France will do everything it can to aid the process of opening Cuba and help get rid of measures that have so seriously damaged Cuba's development."

Hollande's address, in which he announced plans to increase academic exchanges with Cuba and mutually recognize the other country's university degrees, was attended by First Vice-President Miguel Ďiaz-Canel, the man widely expected to succeed President Raul Castro when he steps down in 2018.

THE ASSOCIATED PRESS



SEVERE WEATHER TORNADOES KILL AT LEAST FIVE IN TEXAS AND ARKANSAS Residents survey damage near an elementary school, caused by severe weather, on Monday in Van, Texas. Emergency responders on Monday searched through wreckage in parts of Texas and Arkansas after a line of tornadoes battered several small communities, killing at least five people, including a young couple whose daughter survived. TODD YATES/THE ASSOCIATED PRESS

# 1,600 migrant 'boat people' reach safety

metr® NEWS | World Tuesday, May 12, 2015

# Slim majority means tricky balancing act

**UNITED KINGDOM** 

#### Cameron faces resistance in his party over EU, Scotland

Prime Minister David Cameron's Conservatives may have won the British election and ushered their coalition partner out the door, but that doesn't mean it's all smooth sailing for his government for the next five years.

With influential Euroskeptics clamouring in his own party and a very slim majority in Parliament, Cameron will have a hard time tackling the big headaches looming over his second term: Britain's membership in the 28-nation European Union and the growing movement for Scottish independence.

"He would like to be seen as leading a governing party which is united on a core issue at the centre of the political debate, but that's unlikely to happen," said Colin Hay, a British politics professor at the Paris Institute of Political Studies. "It's going to be really tough."

Cameron's Conservatives won an unexpected majority in last week's election, ensuring that he returns to 10 Downing St. with enough power to govern alone. His first term saw Cameron sharing power with the left-of-centre Liberal Democrats, who held key positions in a sometimes-awkward coalition government.

The Conservatives now have a tiny majority — holding just over half of the House of Commons' 650 seats — meaning that a dozen defiant Tories could potentially derail important policies.

Without their Lib Dem coalition partners, the Conservatives face a return of the unpleasant nickname they've long tried to shake: "the Nasty Party."

THE ASSOCIATED PRESS



British Prime Minister David Cameron walks away after delivering a reading during a service to mark the 70th anniversary of Victory in Europe (VE Day) at Westminster Abbey in London on Sunday.

MATT DUNHAM/THE ASSOCIATED PRESS

#### GERMAN

# Spy agency under fire for U.S. co-operation

Germany's top security official denied any wrongdoing after appearing Thursday before a parliamentary committee over allegations that the country's spy agency acted against national interests in its co-operation with U.S. counterparts.

The government has faced scrutiny over what the chancellery knew, and when, of the Federal Intelligence Service's activities since a report last month suggested it may have helped the

U.S. spy on European companies and officials as long ago as 2008. It issued a tight-lipped statement acknowledging "shortcomings" at the agency, known by its German acronym BND.

The latest affair has raised awkward questions for German Chancellor Angela Merkel, who said spying on friends is unacceptable following reports in 2013 that the NSA snooped on her cellphone.

THE ASSOCIATED PRESS

#### WIKII FAKS

## Court turns down Assange appeal

Sweden's highest court on Monday rejected WikiLeaks founder Julian Assange's appeal of a pre-trial detention order in a nearly five-yearold investigation of alleged sex crimes.

Since 2010, prosecutors have sought to interrogate Assange over allegations of rape, sexual molestation and illegal coercion made by two women after his visit to Sweden that year. Assange denies the allegations and has not been formally indicted.

Swedish prosecutors in March agreed to question Assange in London, where he has been holed up in the Ecuadorean Embassy for nearly three years to avoid being extradited.





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NEWS

# Haiti tightens rules for international adoption

**CHILD WELFARE** 

#### Process murky, corruption rampant after 2010 quake

Anne-Marie Saintou walks with a megaphone along the dusty lanes of a Haitian fishing village, imploring people not to make the same mistake she did.

"Ladies, say 'no!" she shouts. "We will not give away our children anymore."

Saintou is part of a public awareness campaign that reflects a growing disenchantment with international adoption in Haiti. Women are going out daily to warn poor Haitians about recruiters for orphanages who roam the countryside offering money, or false promises, to desperate parents struggling to raise children in the Western Hemisphere's most impoverished country.

She speaks from bitter personal experience.

The 42-year-old, walking the unpaved streets in a long skirt and blouse with two companions, said she placed her three-year-old daughter, Mikerline, up for adoption 12 years go with the understanding that the child would get an education and come back. She received photos and a letter but lost con-

50,000

The number of children in Haitian orphanages, the majority of whom have at least one living parent.



In this May 8, 2015 photo, Anne-Marie Saintou shows pictures of her daughter Mikerline Boussicot, who she gave up for adoption, inside her home in Arcahaie, Haiti. Saintou says she was led to believe her daughter would come home after giving her up for adoption 12 years ago when Mikerline was 3-years-old. "I didn't know I was giving up my rights," she said.

DIEU NALIO CHERY/THE ASSOCIATED PRESS

tact after three years "I never

tact after three years. "I never heard from her again."

An overhaul of the child-welfare system is drawing wide praise for addressing serious flaws. Some were exposed in the chaotic aftermath of the devastating January 2010 earth-quake, and others by accounts from people like Saintou, victimized by spotty regulation in a country that has become a favoured choice for Americans seeking a child.

The Haitian government, through its Institute of Social Well-Being and Research, has prohibited private adoptions, restricted the number of foreign adoption agencies accredited to work in the country and set a quota that limits the number of children who can be adopted internationally per year. It also imposed regulations aimed at addressing long-standing complaints that Haitian parents were too often pressured or manipulated into giving up children for adoption without fully understanding the ramifications.

Experts in child welfare say the changes, which went into full effect as of April 1, 2014, when Haiti became a signatory to the Hague Convention on International Adoption, have gone a long way to cleaning up a murky and corruption-prone process.

Since the earthquake, which killed more than 300,000 people according to the official estimate, the government has worked with UNICEF to rewrite the adoption code and bolster social ser-

vices in a country where 60 per cent of the population gets by on less than \$2 a day. The government has also closed about 40 substandard orphanages and added regulations to limit opportunities for corruption within the system. THE ASSOCIATED PRESS



It has been too easy to adopt children internationally here and in some countries of Africa. People were coming as if they were coming to the market.

Kristine Peduto, chief of the child protection unit in Haiti for UNICEF

PARAGUAY

## 10-year-old girl should be allowed to abort: experts

Paraguay's government has failed to protect a 10-year-old rape victim who is being denied an abortion, United Nations human rights experts said on Monday.

In a statement released in Geneva, the four experts said Paraguay has refused to provide treatment to save the life of the girl, who is five months pregnant, "including safe and therapeutic abortion in a timely manner."

The case has set off a national debate in Paraguay where abortion is banned in all cases

— even rape — except when the mother's life is in danger.

"The Paraguayan authorities' decision results in grave violations of the rights to life, to health and to the physical and mental integrity of the girl as well as her right to education, jeopardizing her economic and social opportunities," the experts said.

The World Health Organization says such child pregnancies can be dangerous, potentially leading to complications and death.

The girl's stepfather, who is

accused of raping her, was arrested over the weekend and placed in isolation to prevent other inmates from attacking him. The girl's mother is being held at a female prison for neglecting to take care of her daughter.

About 600 girls 14 or under become pregnant each year in this country of 6.8 million people. Studies by the U.S. Centers for Disease Control say thousands of children in the United States also give birth each year.

Amnesty International has

asked authorities to allow an abortion to protect the girl.

Health Minister Antonio Barrios has responded that she is in good health at a Red Cross hospital and that the pregnancy, at five months, is too advanced.

But a medical panel was created on Monday to assess her mental and physical health, said Jose Orue, the public defender for children in the city of Luque, where the girl lived with her mother and stepfather near the capital Asuncion.

Experts say the girl isn't ready mentally or physically

to give birth. "When her baby arrives, the justice system will have to set a guardian and tutors for both of them," Orue said.

Paraguayan forensic psychologist Franca La Carrubba said that though the girl is not prepared to be a mother, with medical care she might be able to give birth.

"The aftermath of rape could remain when she becomes a teenager or an adult. It's the most common disorder in these cases," she said.

THE ASSOCIATED PRESS

MEXICO

### Another Alondra found

Authorities may have located a girl taken by her father from Houston to Mexico eight years ago in a cross-border custody case that exploded into international headlines recently in a case of mistaken identity, an official said Monday.

The girl presented herself at a court building accompanied by three relatives and identified herself as Alondra Diaz, a court official in the southwestern state of Michoacan told The Associated Press.

The official, who was not authorized to be quoted by name and spoke on condition of anonymity, said the court was evaluating the girl's paperwork and identity documents.

The whereabouts of Alondra Diaz, who turns 13 this year, have been unknown since 2007, when her father allegedly took her to Mexico without her mother's consent.

In April, a judge erroneously sent another girl named Alondra to be reunited with Houston resident Dorotea Garcia, who was convinced she was her long-lost daughter.

Video that circulated widely in social and traditional media showed Alondra Luna Nunez being taken kicking and screaming by police.

and screaming by police.
Days later, DNA testing in the United States proved that Alondra Luna was not Garcia's daughter, and she was returned to her family in Guanajuato, Mexico. The girl and her family had asked for a DNA examination before she was sent to Texas, but the judge said that was not within her authority and declined to order the test.

Prosecutors are investigating the case.

Susana Nunez, the mother of Alondra Luna, sounded a note of caution after what she called a nightmare for her family.

"I hope the authorities simply make sure that this girl is truly her, that they have the right girl," Nunez told The Associated Press by phone.

If it turns out to be the right Alondra, she said, "I'm happy for her and her mother."

Nunez said her daughter is doing well following her ordeal, returning to school and resuming the usual life of a teenager.

"She has calmed down," Nunez said.



In this photo taken on May 5, a Jewish woman walks past memorial stones at the main Jewish synagogue in Lisbon. Portugal enacted a law in March to grant citizenship to descendants of Sephardic Jews exiled during the Spanish Inquisition. Spain is about to adopt a similar law, but its different requirements have brought criticism. FRANCISCO SECO/THE ASSOCIATED PRESS

# A long road to citizenship

SPAIN

#### Rules complex for descendants of exiled Sephardic Jews

For Alfonso Paredes Henriquez, it was the opportunity not only of a lifetime — but of a half-millennium.

The Panamanian real estate developer, a descendant of Sephardic Jews kicked out of Spain five centuries ago, was elated when the country announced it would atone for the Inquisition by granting citizenship to people who can prove lineage from exiled Jews.

Then came a long wait, as Spain's Sephardic Jew citizenship law took two years to wind its way through Parliament.

Amendments were tacked on that made the application process

tougher and delayed approval for a bill that faced virtually no opposition.

Frustrated, Paredes Henriquez turned instead to Portugal. The neighbouring country had enacted its own law to grant citizenship to descendants of Sephardic Jews exiled during the Inquisition, which forced Jews to flee, convert to Catholicism or be burned at the stake.

He submitted his Portuguese citizenship application in late

"Spain came out saying they would make a law but Portugal did it first and it's easier in Portugal," said Paredes Henriquez. "Portugal just swooped in."

Spanish lawmakers are finally preparing this month to approve a law that potentially allows hundreds of thousands, and possibly millions, of Sephardic Jews around the world a shot at citizenship, though there are no reliable estimates of how many

people might be eligible.

Many would-be applicants thought the Spanish law, announced in 2013, would carry few requirements beyond thorough vetting of ancestry. That's the case with the Portuguese law, which was proposed after Spain's but went into effect in March 1.

But Spanish lawmakers ended up adding amendments making the process for Sephardic Jews similar to that faced by permanent residents seeking citizenship.

The hurdles are significant: Sephardic applicants must learn and be tested in basic Spanish if they don't speak one of several Jewish languages rooted in Spanish. They also must pass a current events and culture test about Spain. And they have to establish a modern-day link to Spain, which can be as simple as donating to a Spanish charity or as expensive as buying Spanish property.

Paredes Henriquez — whose Spanish ancestors were driven into Portugal by the inquisition — predicted the extra steps would translate into more lost time, money and frustrating red tape. In Portugal, he only has to prove his family history and that he has never been convicted of

a crime punishable by three or more years in prison.

"Portugal is being more friendly about the process," he said. Indeed, the country is currently examining its first round of applications with decisions expected in a few months. "There's more willingness to do it, and they're doing it right."

Spain's Jewish federation has received more than 5,000 requests for information about the Spanish law. For now, would-be applicants are advised to start gathering family history as evidence, to consider learning some Spanish and to think about establishing a link to Spain, said federation president Isaac Querub Caro.

The federation is also warning people the law isn't expected to become open to applicants until October, in order to give enough time to create the Spanish language and citizenship tests and set up a digital application system.

Once the law is in effect, applicants will have a three-year window to seek citizenship. Querub Caro said the amendments added to the Spanish law were unexpected, but declined to criticize them.

The law "has a series of condi-



#### **Lure of Spanish passport**

A Spanish passport means those who get it would be able to live or work anywhere in the 28-nation European Union, and apply for citizenship for immediate family members. While some European nations are experiencing a surge in anti-immigration sentiment, Spain and Portugal are not, and the laws have not generated opposition.

tions, but they do not take away from the value of the law," he said. "And we appreciate this generosity of the Spaniards."

Spain's ruling Popular Party has brushed off criticism of the amendments.

In a parliamentary debate last month, Gabriel Elorriaga, a senator, said that clearer rules were needed for granting Spanish citizenship to all seekers — not just Sephardic Jews.

But there is one sense that the rules for Sephardic Jews will be in a privileged class compared with many others seeking Spanish citizenship: The Sephardic Jews will be allowed to have dual nationality. Currently, Spain allows double citizenship for only for applicants from former Spanish colonies, plus Andorra and Portugal.

Haim Ashkenazi, a 22-year-old university student, said the possibility of getting a Spanish passport was tempting for historical reasons and for the opportunities it could bring. His ancestors left Spain for Turkey and moved to Israel three generations ago. He knows some Spanish.

But that enthusiasm fizzled when Ashkenazi began researching the conditions for citizenship on behalf of his family. He realized that proving his family's lineage was more difficult that he thought. He interviewed his grandmother, looked up archival documents and only got so far as his grandfather.

In the end, the expense of hiring a genealogist, coupled with the cost of trips to Spain for the citizenship process, proved prohibitive. THE ASSOCIATED PRESS



# This is scandalous ... I am not naive and don't expect Spain to hand out passports without conditions, but there is a limit.

Leon Amiras, who heads a group representing Spanish-speaking immigrants to Israel

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# Bill fails unpaid interns: NDP

#### **Protections** put forward fall woefully short, MP says

Measures announced in last month's budget to protect unpaid interns have turned out to be far less potent than advertised, New Democrats charge.

Details of the measures were spelled out in an omnibus budget implementation bill tabled last Friday and NDP MP Andrew Cash said he was disappointed to find the Harper government is doing nothing to protect interns from sexual harassment, being forced to work unlimited hours or being otherwise exploited as unpaid labour.

Cash had co-sponsored a private member's bill, which was subsequently defeated, that would have given unpaid interns the same protections

as other workers in federally regulated industries, such as television, telecommunications and financial institutions.

The government is proposing to amend the labour code to include occupational health and safety protection for unpaid interns, such as the right to refuse to do unsafe work. It also proposes to require employers to keep records of the number of hours worked by interns and to limit full-time internships to four months in duration, although Cash said nothing prevents them from being renewed.

While that's "a step forward," Cash said the government is doing nothing to ensure provisions on workplace standards apply to interns the provisions that provide protection from harassment, long hours with no days off and other exploitation.

Nor, he discovered, is the government requiring unpaid internships to be managed by educational institutions. That's

They fell woefully short ... and I want to highlight the issue of sexual harassment... because that is part of workplace standards that is not in this bill.

NDP MP Andrew Cash

a measure he had included in his private member's bill and which he deems critical to ensuring that internships provide practical experience to young people and don't simply give companies an opportunity to replace full-time entry level jobs with free labour.

THE CANADIAN PRESS





TECHNOLOGY SMART MIRRORS HELPING CUSTOMERS Sales manager Alysa Stefani, right, demonstrates the Memory Mirror for co-worker Porsche Colbert at the Neiman Marcus store in San Francisco. The mirror is outfitted with sensors, setting off motion-triggered changes of clothing. The mirror also doubles as a video camera, capturing a 360 degree view of what an Outfit looks like and making side-by-side comparisons. ERIC RISBERG/THE ASSOCIATED PRESS

## Accidents dog self-driving cars

Google Inc. revealed Monday that its self-driving cars have been in 11 minor traffic accidents since it began experimenting with the technology six years ago.

The company released the

number after The Associated Press reported that Google had notified California of three collisions involving its selfdriving cars since September, when reporting all accidents became a legal requirement.

The director of Google's selfdriving car project wrote in a web post that all 11 accidents were minor — "light damage, no injuries" — and happened over 2.8 million kilometres of testing. THE ASSOCIATED PRESS

### IN BRIEF

#### 100 deaths now blamed on faulty GM car switches

The death toll from faulty ignition switches in small cars made by General Motors has reached 100. The families of the vic-

tims are being offered compensation. In addition, GM has agreed to make offers to 184 people who were injured in crashes caused by the switches in older-model cars such as the Chevrolet Cobalt.

Through much of last year, the company had blamed the switches for 13 deaths.

The switches can slip out of the "on" position, causing the cars to stall, disabling some important safety features. THE ASSOCIATED PRESS

#### 🌐 market minute



**DOLLAR** 82.58¢ (-0.13¢)



**TSX** 15,152.64 (-17.38)



**OIL** \$59.25 US (-14¢)



**GOLD** \$1,183 US (-\$5.90)

**NATURAL GAS:** \$2.802 US (-7.8¢) **DOW JONES:** 18,105.17 (-85.94)

## **Mini Frappuccinos** soothe venti guilt

If a small Frappuccino seems like too much of an indulgence, Starbucks is now selling a more petite version of the sugary coffee drink. The Seattle-based

coffee chain says it will start selling a Mini Frappuccino starting Monday through July 6. The new size is just 10 ounces, compared with 12 ounces for the company's "tall" or small size.

Starbucks isn't the only chain trying to tempt people with more modest serving sizes. Sonic offers

ice cream shakes in a "mini" size and recently ran a limitedtime offer for mini hot dogs and mini fried chicken sandwiches. Coke has also been playing up its mini cans, which are 7.5 ounces, compared with 12 ounces for a regular can.

Katie Seawell, senior vicepresident of category brand management at Starbucks, said the Mini Frappuccino helped lift overall store sales in the select regions where it was tested last year. Without pro-

viding specifics, she said it attracted new customers and got existing customers to come back more frequently.

Seawell declined to say whether Starbucks plans to make the mini" a permanent offering.

The calories in a Mini Frappuccino vary depending on the flavour.

For the regular coffee with no whipped cream, Starbucks says it'll have 120 calories and 24 grams of sugar. That's compared with 180 calories and

36 grams of sugar for a small (tall) and 240 calories and 50 grams of sugar for a medium (grande). A large (venti) Frappuccino has 350 calories and 69 grams of sugar.

Starbucks says the "mini" should cost about 20 to 30 cents US less than a small.



Your essential daily news

# Should interns get the same rights as employees?

#### NO: Make it easy for employers to offer opportunities

In the 2015 federal budget, the government promised to clarify the legality of unpaid internships in federally regulated industries. Last week's budget implementation bill states that workers must be paid unless the job is part of a school program. But there are exceptions. Interns needn't be paid at least minimum wage if the job is supervised, lasts less than four months, primarily benefits the intern (not the employer) and is neither a replacement for a paid position nor a condition of a job offer. Supporters say this system will allow employers to easily offer learning opportunities without worrying about running afoul of the law. Many young people entering competitive fields want the right to volunteer their time to gain experience and contacts that will open future doors.

#### YES: Interns deserve the same protections as workers

The proposed internship regulations don't go far enough, says NDP MP Andrew Cash. He argues the provisions do nothing to make sure all workplace standards apply to interns, including protection from sexual harassment and unreasonably long work hours with no days off. Cash's intern-protection bill, which was defeated last month, required all internships be managed by educational institutions. He says that's the only way to make internships provide practical experience, rather than just furnishing companies with an endless supply of free entry-level labour. And as anyone who has juggled an internship with a paid job can tell you, the benefits of unpaid experience primarily go to those who can afford to work for free.

# Try biking to work — and get hooked on cycling

Kathryn Hunt



If you've been noticing a few more cyclists out on the roads lately, it might not just be because of the nicer weather. They might be working on racking up more kilometres for Bike to Work

During the month of May, the City of Ottawa hosts a bike-to-work challenge with events, information sessions and prizes for people and workplaces who sign up online and pledge to ride to

Ottawa isn't the only city doing this: a number of different cities in Canada and the USA take the month of May to support commuting by bike. As of May 5, EnviroCentre announced that 1,399 people had signed up, pledging to ride to work, and more are expected to roll in as the month goes on.

Workplaces can get prizes for registering teams, but you can sign up on your own as well.

At least one ad hoc team, Team "whoever-can-see-this-#ottbike-tweet," organized by Kevin O'Donnell, is independent of any workplace. It has already racked up an impressive kilometre count: around 2,400 km in the first week.

RightBike is organizing free bike tune-ups at city hall all month, as well. From Monday to Friday, from 9:00 a.m. to 4:30 p.m., they'll take a look at your ride and make sure it's in working order after a long winter (or maybe longer, if it's been a while since you broke out the bike from the

A little TLC might also be

**Weekday biking** is up significantly this month. If you want to add to the numbers, you can still sign up for Bike to Work Month. You never know, it might become a habit.

needed after a rough winter on the road, if you're a yearround rider. RightBike is an Ottawa-based bikeshare organization that is starting to expand beyond its Westboro/Hintonburg base

While the nicer weather may be a factor, you can't argue that bike numbers aren't up for the month.

Since the start of May, the bike counter on the Laurier bike lane (at Metcalfe) has

registered more than 400 additional trips a day (the busiest day seeing 2,568 trips) compared to the last week of April (at least during the work week - weekend numbers look to be pretty consistent).

The Portage Bridge counter tracked anywhere from 500 to 700 more. Both of those counters are along routes many take to work in the downtown core.

If you want to add to the numbers, and maybe win some prizes, you can still sign up. You never know, it might become a habit.

Kathryn Hunt (@k8thek8) is a writer, editor of Centretown BUZZ, storyteller, poet, cycling blogger, rock climber, mysterious techno vixen (confirmed) and geek. Not necessarily in that order. You can read her cycling blog at theincidentalcyclist. blogspot.ca.

### **ROSEMARY** WESTWOOD

metroview

### It sounds obvious, but feels wrong: Murder is part of being human

There is no simple answer to why people kill.

We often hear stories of slayings out of jealousy, revenge or anger — feelings we all have, and yet only 452 Canadians were accused of murder in 2013.

And though we fear strangers, nine in 10 murders occur between people who know each other. One-third happen within a family. When it comes to who is capable of killing, according to experts, the answer is all of us, depending on the

Randy Janzen did not appear, to those who knew him, as a murderer.

And yet he's suspected in a triple homicide in B.C. last week. In a Facebook post, Janzen wrote that he shot his daughter in the head to cure her of her torturous migraines and then killed his wife and sister to spare them the pain of that act. He then killed himself, according to reports.

It appears from the scant information available that mental illness may have played a role in Janzen's actions, said Alasdair Goodwill, a psychologist and director of the Criminal Investigative Research and Analysis Group. But many people suffer from mental illnesses and do not

Psychologists use complex risk assessments to predict who might kill, but the analysis isn't perfect.

According to Dr. John



PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA **Greg Lutes** 

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Bradford, a forensic psychiatrist and professor at various Canadian universities, killing is a matter of "the right circum-

#### Randy Janzen did not appear, to those who knew him, as a murderer.

It sounds obvious, but feels wrong: murder, it seems, is part of being human.

The study of homicides is full of categories and correlations. There is a subsection called familicide, which can include an altruistic belief by a parent that they are helping their children by killing them.

We know that most serial killers are white, Bradford said, but we don't know why: it's part of the "interesting little shades of grey with homicide."

Even these experts have wondered about their own ability to kill, something Goodwill called an "age-old question."

Bradford, who was once conscripted into military service, said that though he never had to shoot someone: "With the peer pressure, I would have been able to do it." In civilian life, however, he says, "I couldn't shoot a bird."

I have also wondered. But like most people, I haven't been tested. And I never want to find out what I'm capable of.



Your essential daily news

@MargaretAtwood releases micro-stories Wednesday for Twitter Literature Festival

# Big redesign on campus

Entertainment districts, green roofs and pedestrian-friendly places to hang are just some of the ways universities are trying to woo students today

MEGAN HAYNES LIFE@METRONEWS.CA

The University of Manitoba's streets are empty at night. Students attend classes at the Fort Garry campus during the day, but clear out shortly after, says Rejeanne Dupuis, the school's acting director of campus planning.

In her ideal world, they'd linger. She hopes to create a mixed-use, pedestrian- and transit-friendly community, open to students and the neighbouring residents on the recently purchased Southwood Golf course, adjacent to the Winnipeg-based school. In her plan, students would get their groceries at the on-campus grocery store, where they'd mingle with the professors who live nearby. They could go clothes shopping or see the latest Marvel flick in the entertainment district, or possibly get a part-time job at one of the small businesses set up under the residence hall.

Campus, she says, would be a bustling centre 24 hours a day, seven days a week.

The University of Manitoba's ambitious master plan — the document meant to inform future development — is designed to create a community. And it marks a trend at schools across the country trying to make their campuses a more inviting place in order to woo prospective students, because university executives are realizing not all learning happens in a classroom.

"Universities want to attract the best and brightest students and staff," says Nicole Taddune, associate at PFS Studio, who worked on the Vancouver-based University of British Columbia's master plan. "Being a university student is a very important time in your life. People want to go somewhere that's inspiring, that they can get attached to. (Schools) are starting to see it's not just about buildings, but all the spaces in between that tie the university together."

Courtyards where students can hang out or even take classes, farmers' markets and social activities, cafes to study, pedestrian-friendly green spaces that are easy on the eyes — that all factors in when students look for schools now,

Over at the University of Ottawa, creating a student epicentre was a key aspect of the new master plan, which was unveiled in March. Eric Turcotte, principal at Toronto-based Urban Strategies, the firm behind the plan, points to a new university square, which will replace an existing parking lot. The square, expected to open in the fall, will host future convocations, not to mention frosh weeks and other social activities, and is designed to be a place students want to hang out.

University growth has traditionally focused on simply accommodating the influx of new students, constructing buildings on an ad hoc basis rather than focusing on what makes a campus a place that's unified, Turcotte adds. But that's changing.

Back at the University of Manitoba,

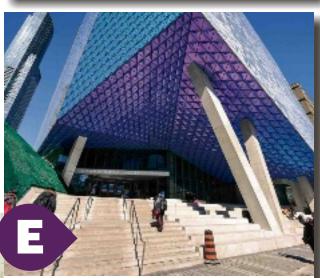
the proposed community plans are still in their early stages, going before the university board at the end of the year, before going before the city for approval in 2016.

Though there are still a number of steps before the UofM master plan gets approved, Dupuis isn't concerned, having built it off of the feedback of thousands of people from the school and surrounding neighbourhood.

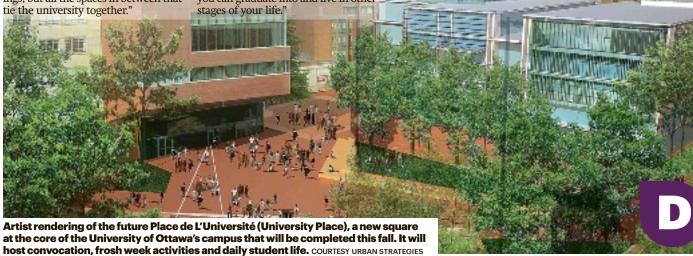
'It's about long-term sustainability for the campus," she says. "Ultimately it supports students because it's a good place to be. But it's (also) a community you can graduate into and live in other



The proposed University of Manitoba redesign aims to create a hub of community and learning on what was once a golf course, COURTESY UNIVERSITY OF MANITORA



Ryerson University's Student Learning Centre, which opened in February. DAVID COOPER/TORSTAR NEWS SERVICE



#### **HEAD OF THE CLASS**

#### UNIVERSITY OF MANITOBA

It's a mixed-use plan, inviting local businesses onto the campus to set up retail stores, restaurants, and even office space, with rental and development fees funnelled back into the university's coffers. It's also transit-oriented, with buildings constructed in a way to be serviced by the impending rapid transit network, and pedestrian-friendly, with trees and green space designed to help shield students from the harsh Winnipeg winters.

Most anticipated: The campus's own entertainment district, with a movie theatre and restaurants.

#### B UNIVERSITY OF ALBERTA

The Edmonton-based university is focused on making its open spaces more accessible and appealing to students. The outdoor spaces should be usable as an academic resource, inviting to the neighbouring community and enhance the school's environmental sustainability. Most anticipated: A proposed open-air market for food and retail vendors.

#### UNIVERSITY OF BRITISH COLUMBIA

UBC's master plan, currently being revised, is all about densifying the campus, creating mixed-use areas blending residences and classrooms where students can live, learn and relax. The university also wants to put its academics on display, orienting buildings in a way that classrooms, labs and even the fitness centres are more open and accessible to the wider student body. Most anticipated: Students might be able to take classes or do labs in the proposed biosciences open-air courtyard, set to begin construction in

#### UNIVERSITY OF OTTAWA

U of O is considering shutting down streets in the middle of the campus to car traffic to make the school more pedestrian-friendly. It will also turn a busy King Edward Street into the façade of the school, widening the sidewalks and adding cafes, bookstores and banks to the street level. Most anticipated: The university learning centre, expected in 2018, will be located steps from the incoming LRT station.

#### RYERSON UNIVERSITY

The master plan for the Toronto university, unveiled in 2008, encourages future developments to think vertically, taking advantage of the space above the existing buildings rather than trying to expand outwards to accommodate new students. In fact, a Ryerson student should be able to get from one end of campus to the other in less than 20 minutes, in this ideal world.

Most anticipated: The Church Street development, expected to be finished by 2018, will sit at the heart of the "garden district," and be complete with a small park-in-the-sky green roof.

metr#LIFE | Gossip Tuesday, May 12, 2015 **15** 



Diddy stars in a racy video with his girlfriend Cassie to promote his new fragrance.

# Diddy wants to change the world

#### **Sean Combs** talks racy video, Tidal and Baltimore

Sean "Diddy" Combs will be the first to tell you that he doesn't launch brands, he launches lifestyles. So when it came time to promote his latest fragrance, he put himself on the line and starred a racy video with girlfriend Cassie that many have deemed too risque for television.

He said the simulated sex in the 3AM perfume promotional video was inspired by those provocative Calvin Klein com-

"It pushes the envelope, but it's done in a very tasteful way. It's more about your thinking about than what you're seeing on the screen," explained Diddy.

The Grammy-winning artist spoke about his brand last

week, but had weightier issues on his mind, including the unrest in Baltimore over the death of Freddie Gray in police custody.

#### What are your thoughts on Tidal (Jay-Z's music streaming service)?

It's a great idea for the artist to be involved in the distribution. Everything takes time, so we'll see in the next couple of years. But I would bet on Jay-Z.

#### You've been outspoken regarding the way the president handled Ferguson, what are your thoughts on Baltimore?

Baltimore is something that people have to realize is not just something that is just occurring over this one tragedy. .. The black community are the forgotten ones - just like people are in poverty all over this country, but especially the black community. So you have a lot of built-up frustration especially in the kids that see their future is bleak and they

are being forgotten. People need to pay attention to that.... Something has to change

#### You have the music, the clothes, and the scent, the vodka line; what else can you

Philanthropy. So for me, it's what change can I make. So you were talking about Baltimore and Ferguson. As an African-American man, I have a responsibility in the future. I want to be able to do more things to affect

#### Would running for political office be one of them?

No not at all. I love what I do. I don't like politics. I'm not a big talker. If I say I'm gonna run a marathon, I'm gonna run it. If I say I'm gonna put out a fragrance, I'm gonna put out a fragrance. If I say I'm gonna change the world for the positive, that's what I'm gonna do. THE ASSOCIATED PRESS

## Let the drought shaming begin!

In case you haven't heard, the fragile state of their state. there's a drought going While Barbra Streisand's on in California. Like, cliffside Malibu estate and a really, really bad one Hugh Hefner's famed – so bad that some experts predict the state's reservoirs have less than a year's worth of drinking water left in them. Well, either a bunch of A-listers didn't get the memo, or they just don't care. Photographer John Chapple recently cruised some posh neighborhoods via helicopter for visual confirmation of how the rich and famous are apparently more concerned with l a w n

IN BRIEF

#### **Perez Hilton welcomes** baby girl into the family

Perez Hilton had an extra special Mother's Day: He spent it with his brandnew baby girl.

Hilton says his daughter, Mia Alma, was born Saturday afternoon via surrogate. The celebrity blogger said by phone Monday that spending the day with his mom and baby girl "was the best way to celebrate Mother's Day."

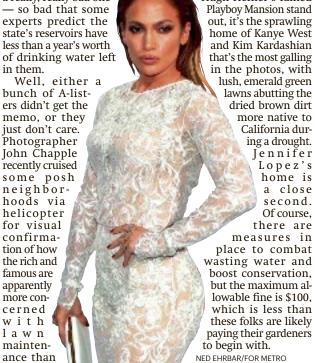
His daughter's name means "my soul" in Spanish, he said, "because I'm cheesy like

Mia is Hilton's second child. His son, Mario Armando Lavandeira III, was born in 2013.

He didn't say where the child was born to protect the surrogate's

He also didn't tell anyone, except for his mom and sister, that he was expecting another child.

"It's been the hardest secret I've kept in a long time," Hilton said. THE ASSOCIATED PRESS







16 Tuesday, May 12, 2015 Lifestyle Metr@LIFE

WELL-REING

# App helps you find your therapist match

Now that more and more healthcare services are available at the click of a mouse, IMB's Watson supercomputer is taking things one step farther, now bringing its skills to an app that matches individuals to the therapist that's right for them.

Prospective patients chat anonymously in the app called Talkspace and reach a network of over 200 licensed therapists specializing in a variety of problems ranging from depression, anxiety and stress to relationships and parenting struggles.

For \$25 per week, users can exchange text messages with the therapist with whom they've been matched, and half-hour video chat sessions are available for \$29.

The service also includes couples therapy.

In addition to the personalized services, Talkspace also offers 141 free forums each led by a therapist where users can talk anonymously.

So far, the forum boasts of 105,319 users and has logged 2,024,052 posts.

Representatives from Talk-



Talkspace app. CONTRIBUTED

space say on their website that they believe online therapy really is effective if done by qualified individuals, as research suggests, yet they don't consider it a substitute for offline therapy.

"Rather, we create a doorway for dealing with real life issues that may be an element in our lives, but may not necessarily require full clinical psychiatric process," they write. AFP



#### More sex not always great

We've been told by research, self-help books and the media that having lots of sex will make us happy, yet a new study at Carnegie Mellon University in the U.S. suggests upping your sexual activity could in some cases lead to frustration.

Simply increasing the frequency of sex with your partner is not the recipe for eternal afterglow, according to the study, which found that individuals need genuine inspiration on their own accord to initiate more sex and reap the benefits.

"If we ran the study again ... we would try to encourage subjects into initiating more sex in ways that put them in a sexy frame of mind," says George Loewenstein of Carnegie Melon. AFP



Feeling sexy matters. ISTOCK



Offering your seat to a woman of a certain age can leave both you and her confused. ISTOCK

# Respect your elders ... at your own risk

ON THE BUS

#### Young rider suffers boomer lady backlash

URBAN ETIQUETTE Ellen Vanstone

Dear Ellen.

I'm 26, have been living in Canada for two years, and I take the crowded bus to work every morning. I have been raised to respect my elders, and so last week I offered my seat to an older woman standing near me. She looked at me with hatred, shook her head and said, "Seriously?"

What does this mean, Ellen? — Pressi

Dear Pressi.

First of all, rest assured that you have done nothing wrong. Your manners are impeccable and you did the right thing by offering your seat to an older person.

The problem is that the "older person" you are deal-

ing with is probably a middleaged Canadian boomer lady (M-ACBL) who does not wish it to be publicly known that she is an M-ACBL — even though it is obvious to everyone else around her.

Yes, it's confusing — because she herself is confused. Not because she is old and senile (though we can't entirely discount that possibility), but because she is bewildered by the fact she is not young anymore. This was not part of the

bunch of kindly elephants who know how to treat their female elders! Alas, we are instead forced to ride public transit to jobs where we make less than men, and where young people — people like you, with your keen eyesight and strong young limbs — will always clearly see the (shudder) normal ageing process as it takes place in all of us.

Hang on, I'm getting a little confused myself here... Where



The 'older person' you are dealing with is probably a middle-aged Canadian boomer lady (M-ACBL) who does not wish it to be publicly known that she is an M-ACBL—even though it is obvious to everyone else around her.

boomer bargain! The M-ACBL was brought up on the mantra "Don't trust anyone over 30" and now she herself has suddenly become the enemy — a well-over-30 person in a youth-and-beauty-obsessed culture.

If only we ladies at a "certain age" could move in with a

The thing is, Pressi, I applaud your good manners, and beg you never to stop respecting the elderly, no matter how mean and cantankerous they act around you. I, for one, would be honoured to take a load off the next time anyone offers me a seat.





## INVEST IN YOUR EDUCATION

Are you thinking about going back to school to improve your career choices?

"Education is one of the most valuable investments you can make in your lifetime," says Jamie Hartling, managing director of Trillium College, Ottawa. "Today's career college programs, like those offered at Trillium College, are designed to give you the skills you need to succeed in your career."

Career college programs provide concentrated learning with flexible schedules that allow for a life outside school.

"Students are continually amazed at how much they learn in such a short time," Hartling says. "Many students are initially fearful of their ability to succeed. For many, this is their first formal educational experience in a long time. They quickly realize that they can succeed and that they have an educational team beside them to help them along the way.

"Nothing is more gratifying than seeing the pride in a student's eyes when they have exceeded their initial expectations. The selfconfidence that they gain continues through to employment, which is the real goal of returning to school."

Trillium is accepting students in the following programs: Massage therapy; personal support worker; intra oral dental assisting Level 1 and 2; community service worker; and accounting and payroll administration

For more information, call 1-855-234-2008, visit trilliumcollege.ca, or stop by the campus at 75 Albert St.

# Saint Paul University grads complete academic journey

A record number of future graduates attended a ceremony at Saint Paul University (SPU) on April 11, marking the culmination of their academic journey.

As part of the celebration, an honorary doctorate was awarded to Michel Prévost, who has been involved for more than 35 years in preserving and promoting the intangible, archival and built cultural heritage of Ottawa, the Outaouais region and eastern

Ontario. As chief archivist of the University of Ottawa since 1990 and president of the Société d'histoire de l'Outaouais since 1997, he seizes every opportunity to educate policy-makers and the general public about the importance of protecting our heritage, particularly our religious heritage.

Saint Paul University (est. 1848) is the founding college of the University of Ottawa, with which it has been federated since

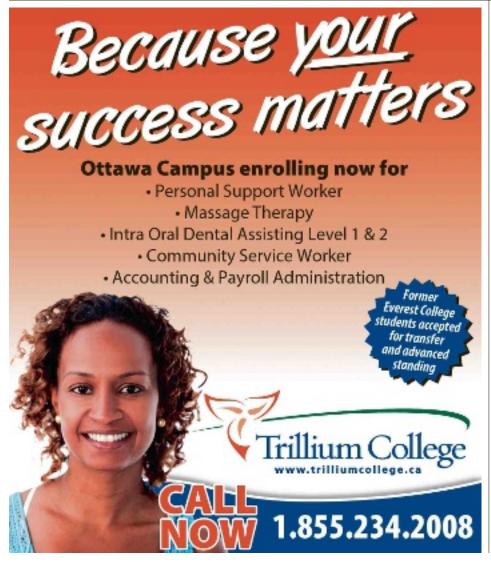
1965. SPU is known for its small class sizes, personalized service, diverse student population and international vision, solid reputation, rich history, and Catholic intellectual tradition.

Proud of its rich heritage, SPU has evolved into an institution whose primary focus is on the multiple facets of the human experience. Not surprisingly, that priority is reflected in the current study programs: In addition to the founding disciplines — canon law, philosophy, and theology — SPU offers courses in social communication, counselling and psychotherapy, public ethics, conflict studies, group intervention and leadership, and human relations and spirituality.

For more information, visit ustpaul.ca.



Michel Prévost. CONTRIBUTED





# GMs doing their due diligence ahead of draft

**CFL** 

#### Winnipeg has No. 2 pick, one of three top-15 picks Tuesday

Kyle Walters is a popular person these days.

Winnipeg's general manager has the No. 2 pick in the CFL draft Tuesday night and three selections in the top 15 of a very deep talent pool. That's good news as Walters retools a Blue Bombers squad that missed the playoffs with a 7-11 record last year.

But it also means spending a lot of time on the phone with rival GMs looking to deal in order to move up in the draft.

"Things are hectic, the phone has been ringing off the hook," Walters said Monday. "There's



Top prospects out of Canadian schools include offensive linemen Danny Groulx (Laval), Sukh Chungh (Calgary), Sean McEwen (Calgary), defensive lineman Daryl Waud (Western) and receivers Lemar Durant (Simon Fraser) and Nic Demski (Manitoba).

a big difference between making a trade offer and actually making a trade.

"There's a lot of offers and talk right now but nothing real serious."

The Ottawa Redblacks once again have the No. 1 pick but last year GM Marcel Desjardins dealt it and the rights to centre Marwan Hage to Calgary (which took Laval centre Pierre Lavertu at No. 1) for all-star centre Jon Gott. Desjardins also sent quarterback Kevin Glenn to the B.C. Lions for the No. 5 spot, then made another deal with Montreal to move up to No. 4 to take Montreal Carabins defensive back Antoine Pruneau.

Desjardins has said he anticipates holding on to the No. 1 pick Tuesday — to likely take an offensive lineman — with Walters expecting to follow. The Toronto Argonauts hold the No. 3 pick, followed by the Montreal Alouettes, B.C. Lions, Saskatchewan Roughriders, Edmonton Eskimos and Hamilton Tiger-Cats before the Grey Cupchampion Calgary Stampeders round out the opening round.

TSN will broadcast the first two rounds live, starting at 8

Vancouver's Christian Covington, a defensive end at Rice, sits atop the CFL scouting bureau's final top-20 prospects list. But Covington — the son of Canadian Football Hall of Famer Grover Covington — is expected



Danny Groulx is part of a draft pool that CFL GMs consider to be strong in depth. cfl.ca

to fall from the first round after being drafted by the NFL's Houston Texans.

So too are second-ranked prospect Brett Boyko, a Saskatoon-born offensive lineman from UNLV, and Yale running back Tyler Varga of Kitchener, Ont., who finished at No. 4. They signed contracts with signing bonuses with the Philadelphia Eagles and Indianapolis Colts, respectively, as free agents.

Even with Covington, Boyko and Varga expected to fall, Barker said there's no shortage of blue-chip prospects for clubs to consider with their early picks.

"I think the strength is the depth of it," he said. "I think you're going to see more guys in rounds two through four make teams this year."

THE CANADIAN PRESS

#### **NHL PLAYOFFS**

## Caps coach backs Ovi's guarantee

Alex Ovechkin certainly can talk the talk, from his "All series, baby" jab aimed at Henrik Lundqvist during Game 1 of their Eastern Conference semifinal, to his assertion that the Washington Capitals will eliminate the New York Rangers in Game 7.

And Capitals coach Barry Trotz is absolutely fine with his captain's bravado.

"His whole career, he's said stuff," Trotz said Monday. "Every year, he says stuff that (is) bold — and he backs it up, usually."



## That's what leaders do.

Capitals coach Barry Trotz

After New York beat Washington 4-3 Sunday night to force a Game 7 at Madison Square Garden on Wednesday, Ovechkin said: "We're going to come back and win this series."

THE ASSOCIATED PRESS

#### IN BRIEF PREM



# The instant it happened it felt really good.

Ducks coach Bruce Boudreau, who has reached the third round of the playoffs for the first time

#### PREMIER LEAGUE

## Swansea win held up by technology

Bafetimbi Gomis gave Swansea an unexpected 1-0 victory over Arsenal on Monday when goalline technology showed his late header had crossed the line to the surprise of both teams.

It seemed that Arsenal goalkeeper David Ospina had prevented the ball from going into the net in the 85th minute but then referee Kevin Friend looked at his watch and correctly awarded the goal.

As eighth-place Swansea boosted its chances of quali-



Arsenal remains in third place with three games remaining. Manchester United is two points back.

fying for the Europa League, Arsenal missed a chance to strengthen its hold on an automatic passage into the Champions League rather than via a playoff. THE ASSOCIATED PRESS

#### CRIME

### Hernandez charged for shooting man in face

Former New England Patriots player and convicted murderer Aaron Hernandez has been charged with trying to silence a witness in a double murder case against him by shooting him in the face and leaving him for dead, prosecutors said

Hernandez was indicted Friday by a grand jury in Boston on a charge of witness intimidation, according to the office of Suffolk County District Attorney Daniel Conley. It's the latest criminal charge against the former star tight end, who once had a \$40-million contract with the Patriots.

Hernandez's lawyers didn't immediately return a message seeking comment on the new charge.

The 25-year-old was convicted last month of killing Odin Lloyd, who was dating his fiancée's sister, in June 2013. He also faces two counts of murder in Boston, where he is accused of gunning down two men in 2012 after one caused him to spill his drink at a nightclub.

The latest charge is connected to the Boston killings. The Suffolk County DA's office said the victim of the intimidation was a witness to those killings, which happened on July 16, 2012.

"Hernandez allegedly shot him in the face on the morning of Feb. 13, 2013, and left him to die on the side of the road in Riviera Beach, Fla., after the witness made a remark about the homicides," the office said in a news release.

The office did not identify the witness, but it is clear from several other court proceedings that it is Hernandez's former friend Alexander Bradley.



**Aaron Hernandez** GETTY IMAGES

#### **RECIPE Orzo salad with grilled** shrimp, asparagus and pesto



#### **EAT LIGHT AT HOM** Rose Reisman rosereisman.com @rosereisman

If making your own pesto, try arugula to replace the basil for a different flavour.

#### Recipe serves 4

#### Ready in

Prep time: 5 minutes Cook time: 5-10 minutes

#### Ingredients

- 12 oz trimmed asparagus
- 12 oz shelled and deveined medium shrimp
- 1 1/3 cups orzo, uncooked (rice shaped pasta)
- ¼ cup homemade or store-bought pesto
- ¼ cup grated Parmesan cheese PHOTO: ROSE REISMAN

#### Directions

- 1. Grill or roast asparagus and shrimp at 425F, just until asparagus is tender and bright green and shrimp is cooked. Cut asparagus into 2" pieces.
- 2. Meanwhile, bring a pot of water to a boil, add orzo and boil just until barely tender, about 8 minutes. Drain and rinse with cold water. Add to serving bowl along with asparagus and shrimp. Add pesto, mix well and garnish with cheese.

#### **Nutrition per serving**

- Calories 330
- Protein 23 g
- · Carbohydrates 43 g
- Fibre 3 g
- Total fat 8 g
- Saturated fat 2.5 g

#### CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

33

40

67

70

#### **ACROSS**

1. Recorded 6. Author Mr. White, et al. 9. Mouthwash brand 14. Come to terms 15. Pecan, for one 16. \_ over (studied closely) 17. Princess \_ (newest member of the Royal Family) 19. Filling with wonderment 20. Pronounce 21. Jacob \_\_-\_ Meets the Hooded Fang (Mordecai Richler book) 23. "Stand by Me" by \_\_ \_. King 24. Selkirk Mountains village in British Columbia 25. "Won't Get \_ Again" by The Who 27. Window shop 30. \_\_-gritty 32. Frost 33. Change 35. Beverage tube 39. \_-tongued 40. Ouches! 42. Sub (Secretly) 43. "You dig?": 2 wds 45. "The Bridge on the River \_\_" (1957) 46. Hurting 47. Scottish singer

Ms. Boyle

Hazzard"

51. Seal of

approval

49. Miss Duke's

of "The Dukes of

39

56

62

68

69

54. Soft ice cream design 56. Egg: French 57. Find a new spot for the painting 59. Pacific island, Jima 62. Actor Sean, son of Patty Duke 64. Cowboy Junkies

song: " Angel 66. Hotsy-\_ 67. \_\_. \_, "The A-Team" star 68. Fix the rough copy 69. Classical composer, Louis (b.1784 - d.1859) 70. Hot season

in Quebec 71. Spiffy shoe coverings

#### **DOWN**

1. Breath mints, tic 2. Ottoman Empire honorific

3. Hope the

signing Women" 6. Insects sci. 7. Type of top 8. Goulash

9. Mineral 10. Highway 22 as it's

also known in Alberta because of the ranchlands it traverses: 2 wds. 11. Window type 12. Short-tubed pasta 13. Bordered 18. Harry Potter: Hogwarts Castle bird hangout 22. \_\_-quoted 24. Chewy aquainspired candies produced in Hamilton. Ont.: 2 wds 26. Periods beyond regular hrs. 27. Boast 28 Pasta alternative 29. Exclude 31. Dubuque's locale 34. "\_! \_ mouse!" 36. Mythical birds 37. Blonde hair hues, sometimes 38. Manners 41. Aluminum on a house 44. Wk. day 48. Crooked opposite, for short 50. Quarrels 51. Paint layers 52. Ancient teller of fables 53. \_ \_ the chase 55. Garbage 58. Single-named

supermodel

59. Cartoon

60. Departed

61. Un-evens

65. Pixie

team [acronym]

lightbulb meaning

63. Big Apple hockey

### \* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 You may be impatient to make things happen but the planets warn you must not move too fast. There is no need to rush: everything that is meant to happen will happen at the proper time. It's how you react to events that matters.

Taurus April 21 - May 21 Mars leaves your sign today but that does not mean you can no longer be positive. In some areas you can be even more positive than usual. Money matters are doubly important now.

I Gemini May 22 - June 21 You may not be in the mood for compromise but you should make the effort anyway. Even with Mars moving into your sign there will be some things that you can only do hand-in-hand with others.

Cancer June 22 - July 23 You will have to do something today that takes up a lot of your time but you know if you leave it to other people they will mess it up completely.

**Leo** July 24 - Aug. 23 Someone will say something that hurts your feelings today but chances are they are motivated by nothing more than jealousy. What are they jealous of? Your popularity, your creativity, your energy - just about everything really.

**Virgo** Aug. 24 - Sept. 23 If you approach someone in a position of authority over the next 24 hours you are sure to get a positive response. They will give you what you need most exceedingly good advice.

**Libra** Sept. 24 - Oct. 23 There is no point trying to relax now that Mars, planet of energy, is moving into your fellow air sign of Gemini. There are so many things you want to do and so many people and

places you want to see. Go for it!

Scorpio Oct. 24 - Nov. 22 It does not matter what you are promised or how much you are offered — you must wait a few days before making any new agreements.

Sagittarius Nov. 23 - Dec. 21 You may not like a certain person very much but you are going to have to work with them and the sooner you accept that fact the sooner your business with each other will be

Capricorn Dec. 22 - Jan. 20 You may not be the life and soul of the party at the moment but don't let it worry you. The less time you spend talking and socializing the more time you will have to think.

 Aquarius Jan. 21 - Feb. 19 All things are possible now that Mars, planet of ambition, is moving through the most decisive area of your chart. Be selective in your endeavors.

**Hisces** Feb. 20 - March 20 Too often in the past you have tried to mold yourself to fit other people's expectations of you and sometimes the results have been less than pleasing. Be yourself today, and every day.

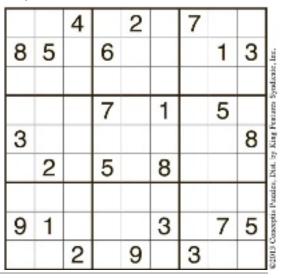
#### **CONCEPTIS SUDOKU by Dave Green**

heavens will hear

5. Ms. Burke's of "De-

4. 'Ballad' suffix

Every row, column and box contains 1-9





# 2011 Chevrolet Equinox LS

Stk #: 36493 2.4L 4 Cyl, Auto, Load, Lthr, 83,001 km

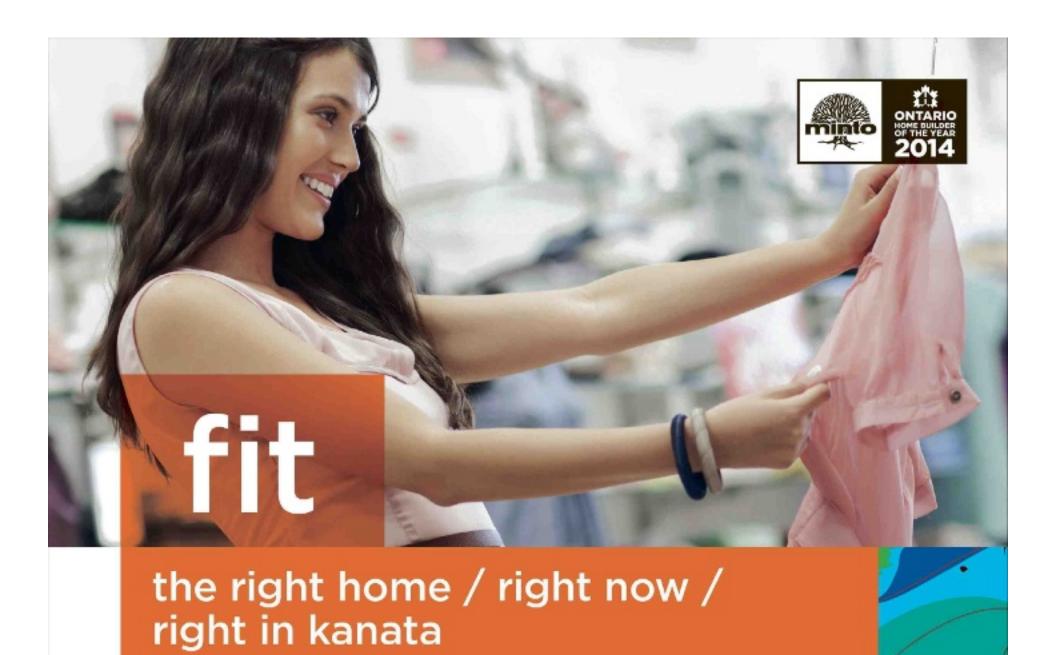
All payments calculated at 4.99% O.A.C. 60 mos, Weekly payments include taxes. Image may not be of actual vehicle. Due to unforeseen circumstances stock or sourced photos may be used. Please see dealer for actual vehicle.







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